

Lynn Cowell

Wise Women ... Wiser Daughters

As a Proverbs 31 speaker and author, Lynn's passion is empowering generations; wise women raising wiser daughters. As a teen, Lynn discovered that love from a guy, be it a dad, boyfriend or husband, could never fill the love gap she had. When the radical love of Jesus' revolutionized the way she saw herself and Jesus, it brought a confidence leading to wise choices. This is the truth that she shares with teen girls and women across the country through her speaking and writing.

A wife to Greg for over 24 years and the mother of three teens, Lynn's top three ways to enjoy life with her family involves the mountains, well worn sweatshirts and anything combining chocolate and peanut butter.

Do you want to be a girl with confidence? ... "His Revolutionary Love" will do just showing you a side of Jesus that you may have never seen before.

Brenda Warner, Women of Faith Speaker and co-author of *First Things First* with Super Bowl-winning husband Kurt Warner

Proverbs 31
Ministries

Speaking Topics

Created To Be

Is this the best of the Christian life? Why do I sometimes lack joy? The secret is out; others feel this way too sometimes! Using props to help the truths stick, Lynn shares during this weekend conference:

- How to transform negative self-talk into transforming truth-talk
- Ways to stabilize your emotional life and avoid the spiritual roller coaster
- Where to finally find permanent approval, acceptance and affirmation
- Be empowered to become spiritual mature

Sessions can include: I am Treasured, I am Complete, I am Free and I am Enabled

Additional topics:

His Revolutionary Love: Jesus' Radical Pursuit of You

Based on her book, Lynn shares the truth on how Jesus sees us; how He can fill our lonely, sometimes aching hearts and how completely transforming His love is! You will walk away knowing how to:

- Create confidence leading to higher self-esteem by discovering Christ's life-altering love.
- Replace loneliness, rejection, and pain with acceptance, affirmation, and approval.
- Make wise choices that lead to a fruitful future, rather than becoming a victim to emotionally-based decisions.

When More is Not Enough

Not enough. Your husband, kids, career. You secretly feel like it's just not enough. There has to be more. There is! Lynn shares her own discovery of finding the truth of finding everything you've always wanted! You will walk away knowing:

- Ways to stabilize your emotional life and avoid spiritual highs and lows
- Where to finally find loving acceptance and lasting approval
- Define spiritual maturity
- Be empowered to become spiritually mature

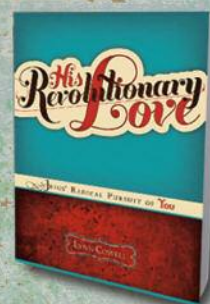
Building a Bridge to Your Child's Heart

When you look at your relationship with your child, do you often wish it was more? More open, more honest, more influential? Having three teens herself, Lynn has learned some keys to having a closer relationship with our children that she will share with you. You will glean from her:

- How to relate to a constantly changing generation
- How to be vulnerable without telling it all
- How to safely let go of your child
- How to help them make their faith their own while still parenting

Our "best" speakers have been those who connect with others; who are willing to be vulnerable and authentic – to admit that we all have challenges, disappointments, unmet expectations as well as answered prayers, miracles and those "God-only" experiences, where we know His presence is so real. So thank you for stepping out to do this important work.

Carol Andersen,
Tuscarora Inn and
Conference Center
Event Planner



**Empowering girls
with confidence to make
wise decisions**



To book Lynn for your next event, contact her through Proverbs 31 Ministries at www.Proverbs31.org or 877-731-4663

Lynn with her family: (l to r)
Zach, Mariah, Greg, and
Madison.